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PRESS RELEASES

## PR: Lake Geode Challenge Triathlon Set for July

by IT Interactive This report filed March 9, 2006

Burlington, Iowa - After a five-year break, the Lake Geode Challenge triathlon makes its return to southeast Iowa Saturday, July 15, at Geode State Park in Danville, Iowa. The Olympicdistance event will provide triathletes of all abilities with a fun and challenging race. The Lake Geode Challenge is a USA Triathlonsanctioned event. All USAT rules and regulations will be enforced.

The event starts with a 1.5 kilometer swim from the sandy beaches of Lake Geode. This is followed by a 40 kilometer bike course that takes participants on a scenic loop outside Geode State Park. The race concludes with a 10 kilometer run on asphalt roads throughout the park. Chip timing will be used.

Awards will be presented to the top three finishers in male, female, age group and team categories. In addition, all participants will be eligible for door prizes.

Best Western Pzazz! FunCity Hotel in Burlington is event headquarters for pre-event check in, which is scheduled from 4 to 8 p.m. Friday, July 14. Special hotel rates are available for participants; guests under 18 stay free. Call (319) 753-2223 for reservation information.

The Lake Geode Challenge is hosted by Team BEAST (Burlington Endurance Athlete Sports Team), a triathlon/endurance sports training club. Lead sponsor for the event is Great River Medical Center, West Burlington, Iowa.

The cost to participate in the Lake Geode Challenge is \$50 for individuals and \$90 for teams. The event will take place as scheduled, rain or shine, and spectators are welcome at the viewer-friendly event. Participants may register for the Lake Geode Challenge on Active.com. Questions may be sent to racedirector@teambeast.org.

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