

## USA Triathlon selects first Regional Training Center

Colorado Springs, Colo. (January 27, 2006) – USA Triathlon is proud to announce the Great River Medical Center in West Burlington, Iowa as its first ever Regional Multi-Sport Training Center.

As a Regional Training Center, the Great River Medical Center will work with athletes from around the U.S. interested in becoming competitive triathletes or those who are hoping to advance their skills and knowledge of the three sport's disciplines. Great River Medical Center will also conduct USAT coaching clinics throughout the year.

According to Alan Ley, Coaching Education Manager with USA Triathlon, the Great River Medical Center's selection was based on the quality of the hospital's staff and facilities, and the organization's enthusiasm for the project.

"Receiving the first regional training center designation is a tremendous accomplishment for the hospital and all of the staff who have worked so hard over the years to make this a reality," said hospital President and CEO Mark Richardson. "We're looking forward to not only working the athletes, but also helping improve the overall health of the area by raising awareness of the benefits of exercise and proper nutrition."

For more information on this and other stories related to USA Triathlon, please contact Christina LeClerc at 719-597-9090, ext. 109 or at <a href="mailto:Christina@USATriathlon.org">Christina@USATriathlon.org</a>. Please visit USA Triathlon's web site at <a href="https://www.usatriathlon.org">www.usatriathlon.org</a>.